

Green Your Spring Cleaning!



As you're preparing to spring clean, keep these few tips in mind and do your part to help sustain the environment.

Cleaning products:

- 1) Do the research and use products that are approved by the Environmental Protection Agency by looking for the "*Design for the Environment*" (DFE) logo.
- 2) Use Seventh Generation products. Seventh Generation does not carry the seal because they claim to far exceed the government's standards, and SG is actively seeking higher standards! OR
- 3) Stick to the GREAT simple basics of **lemon**, white vinegar, and baking soda!

De-cluttering, renewing, replacing, or simply purging:

- 1) **RECYCLE** – this may seem like a “no brainer” but a lot of the “trash” we throw out is actually recyclable. Papers, cardboard, plastics, glass, aluminum, and even Styrofoam, YES, not all areas recycle this stuff, but it is simple to find out where you can recycle these items, if you just take the time.
- 2) **DONATE** – I for one, have a healthy “pack rat” habit which enables me to refurbish and reuse old, unwanted treasures including: old picture frames, glass of all kinds, trinkets, boxes, books etc. As an artist items like these -some someone else's junk - is truly a treasure find for me. As you're cleaning out your unwanted's, keep folks in mind for items that someone else may find useful. Have a yard sale, give treasures to friends, donate to a local charity, and more. Craigslist is a great place to post items for free or for sale. Do anything but throw away useable stuff in the dump!

So as you're entering into the spring cleaning ritual, remember that being **GREEN** will feel as **REFRESHING** as the de-dusting and purging. Do your part to limit waste and pollution!

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Kym Grove
Green Guru